

St Joseph's PS, Bessbrook

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 5/11/18	Savoury Mince Grilled Bacon Mashed Potatoes Peas/carrots Salad Bar Cake and Custard Yoghurt or Fresh Fruit	Roast Chicken/Stuffing Chicken Curry and Rice Mashed Potato/Chips Broccoli Crusty Bread Artic Roll Chocolate Sauce	Chicken/Broccoli Pasta Bake Braised Steak/Onions Mashed Potatoes Carrots/Peas Salad Bar Shortbread and Custard	Oven Baked Sausages Vegetable Quiche Mashed Potatoes Peas or Baked Beans Salad Bar Rice Pudding and Fruit	Chicken Crumble Fish Fingers Mashed Potatoes Mixed Vegetables Ice cream Tubs Fresh Fruit/Yoghurt
Week Two 12/11/18	Grilled Bacon Chicken/ Broccoli Bake Mashed Potato Carrots or Beans Salad Bar Chocolate Cake Custard	Roast Stuffed Chicken Chicken Curry & Rice Chips & Mashed Potato Broccoli, Crusty Bread Rice Pudding and Fruit	Irish Stew Vegetable Quiche Fish Fingers Mashed Potato Peas and Carrots Salad Bar Jelly or Fresh Fruit Salad	Chicken Crumble Pasta Bolognaise Mashed Potato Carrots and Parsnips Rice Krispie Squares Custard	Oven Baked Ham Tuna Pasta Bake Mashed Potato Mixed Vegetables Semolina and Fruit
Week Three 19/11/18	Macaroni and Cheese Oven Baked Fish Mashed Potato Carrots/Peas Salad Bar Artic Roll and Fruit Yoghurt or Fresh Fruit	Chicken Curry & Rice Roast Chicken/Stuffing Chips, Mashed Potato Peas & Sweetcorn Salad Bar Semolina & Fruit Yoghurt & Fruit	Cottage Pie Pasta Bolognaise Mashed Potato Turnip Salad Bar Chocolate Sponge Cake Custard	Baked Ham Vegetable Quiche Carrots & Parsnips Mashed Potato Shortbread/ Custard Yoghurt & Fruit	Chicken Soup Hot Dog Tuna Rolls Veg and Potato Frozen Mousse Fresh Fruit Salad
Week Four 26/11/18	Chicken Pie/scone top Savoury Mince Mashed Potato Carrots Chocolate Cake Custard Yoghurt and Fruit	Lasagne Chicken Nuggets Chips, Mashed Potato Beans or Sweetcorn Salad Bar Ice Cream Tubs Fresh Fruit/Yoghurt	Brown Beef Stew Fish Fingers Salmon Fish Cakes Mashed Potato Mixed Vegetables Salad Bar Rice Pudding and Fruit	Chicken Curry & Rice Roast Chicken/Stuffing Mashed Potato Broccoli Jam and Coconut Cake And Custard	Chicken Soup Hot Dog Chicken Wraps/Rolls Veg and Potato Rice Krispie Squares

school food

Try Something New today

www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

