

# St Joseph's PS, Bessbrook

# school food

*Try something new today*

[www.schoolfoodni.com](http://www.schoolfoodni.com)

**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

**If you require any additional information on allergens or Special diets please contact the school in the first instance**



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 4/2/19	Cottage Pie Grilled Bacon Mashed Potato Peas/carrots Salad Bar  Cake and Custard Yoghurt or Fresh Fruit	Roast Chicken/Stuffing Chicken Curry and Rice  Mashed Potato/Chips Broccoli Crusty Bread  Ice Cream Tubs Fruit and Yoghurt	Chicken/Broccoli Pasta Bake Braised Steak/Onions Mashed Potatoes Carrots/Peas Salad Bar  Shortbread and Custard	Oven Baked Sausages Vegetable Quiche Mashed Potatoes Peas or Baked Beans Salad Bar  Rice Pudding and Fruit	Chicken Crumble Oven Baked Fish  Mashed Potatoes Mixed Vegetables  Semolina and Fruit
<b>Week Two</b> 11/2/19	Pasta Bolognese Chicken Crumble Mashed Potato Carrots Salad Bar  Chocolate Cake Custard	Roast Stuffed Chicken Chicken Curry & Rice  Chips & Mashed Potato Broccoli, Crusty Bread  Rice Pudding and Fruit	Irish Stew Cottage Pie  Mashed Potato Peas and Carrots Salad Bar  Jelly or Fresh Fruit Salad	Fish Fingers Vegetable Quiche Mashed Potato Beans or Peas  Rice Krispie Squares Custard	Baked Gammon Fish Cakes Mashed Potato Turnip Salad Bar  Frozen Mousse Yoghurt or Fruit
<b>Week Three</b> 18/2/19	MID TERM BREAK	MID TERM BREAK	MID TERM BREAK	MID TERM BREAK	MID TERM BREAK
<b>WEEK FOUR</b> 25/2/19	Grilled Bacon Oven Baked Sausages Mashed Potato Beans or Peas Salad Bar  Ice Cream Tubs Yoghurt or Fresh Fruit	Roast Chicken and Stuffing Chicken Curry and Rice Mixed Veg Mashed Potato Chips  Rice Pudding and Fruit	Cottage Pie Chicken and Pasta Bake Mashed Potato Carrots Salad Bar  Jam and Coconut Cake and Custard	Baked Gammon Macaroni and Cheese Mashed Potato Carrots/Parsnips Salad Bar  Chocolate Cake and Custard	Homemade Chicken Soup Tuna or Chicken Rolls Veg and Potato  Rice Krispie Squares Fresh Fruit or Yoghurt