

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 1/10/19		Roast Chicken/Stuffing Chicken Curry & Rice Mashed Potato, Chips Broccoli Ice Cream Tubs Fresh Fruit Salad	Roast Loin of Pork Macaroni and Cheese Mashed Potato Peas and Carrots Salad Bar Chocolate Cake Custard	Pasta Bolognese Vegetable Quiche Mashed Potato Peas Salad Bar Rice Pudding and Fruit	Fish Fingers Oven Baked Sausages Mashed Potato Mixed Vegetables Beans Swiss Roll and Custard Fruit and Custard
Week Two 7/10/19	Oven Baked Fish Fillets Lasagne Mashed Potatoes Peas or Beans Salad Bar Semolina and Fruit Fruit Pots	Roast Chicken/Stuffing Chicken Curry & Rice Mashed Potato, Chips Carrots & Parsnips Jelly and Fruit Fresh Fruit Salad	Braised Steak and Onion Chicken /Pasta Bake Mashed Potato Mixed Vegetables Salad Bar Jam and Coconut cake Custard	Baked Gammon Chicken Leek and Potato Bake Mashed Potato Turnip, Salad Bar Shortbread and Custard	Chicken Soup Minestrone Soup Hot Dog Ham/Cheese Toastie Veg and Potato Chocolate Cookies Fresh Fruit
Week Three 14/10/19	Pasta Bolognese Stuffed Bacon Rolls Mashed Potato Carrots Salad Bar Apple Cake and Custard	Roast Chicken/Stuffing Chicken Curry & Rice Mashed Potato, Chips Broccoli Rice Krispie Squares Fresh Fruit	Irish Stew Oven Baked Fish Fingers Mashed Potato Mixed Vegetables Cake and Custard Fruit Pots	Roast Loin of Pork Vegetable Quiche Mashed Potato Turnip Salad Bar Rice Pudding and Fruit	Salmon Fish Cakes Home Made Chicken Goujons Mashed Potatoes Beans or Peas Salad Bar Ice Cream Roll and Chocolate Sauce
Week Four 21/10/19	Savoury Mince Chicken Crumble Mashed Potato Carrots and Parsnips Salad Bar Jam and Coconut Cake Custard	Roast Chicken /Stuffing Chicken Curry & Rice Mashed Potato, Chips Mixed Vegetables Ice Cream Tubs Fresh Fruit Salad	Oven Baked Fish Fingers Braised Steak and Onions Mashed Potato Broccoli or Beans Salad Bar Semolina and Fruit Fruit Pots	Baked Gammon Macaroni and Cheese Mashed Potato Carrots Salad Bar Chocolate Cake and Custard	Chicken Soup Minestrone Soup Hot Dog Cheese and Tomato Pizza Veg and Potato Jelly and Fruit Yoghurt and Fruit
Week Five 28/10/19					

school food

try something new today
www.schoolfoodni.com

Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

